

The Worthlessness of Worry

Matthew 6:25-34
(series #38)

Introduction: the importance of contentment

- 1st Timothy 6:7-8
- Luke 12:15

I. The Command: Do not worry v. 25

- A. The connection with verses 19-24
- B. The wrong focus on food and clothes

II. The Illustrations vv. 26-30

- A. The birds of the air vv. 26-27
 - 1. They are not lazy
 - a. Proverbs 19:15
 - b. 1st Timothy 5:8
 - 2. They do not worry and fret
 - 3. They are cared for by OUR Father
 - 1st Peter 5:7

- B. The lilies of the field vv. 28-30

III. The Exhortation: Trust your Father vv. 31-34

- A. Don't be like a heathen vv. 31-32
- B. Seek first the kingdom of God v. 33
- C. Don't "borrow" trouble v. 34

Conclusion: take the sin of worry seriously!